

REGISTRATION FORM

Name: _____
Address: _____

Phone: _____
Email: _____
Dept: _____
Job Title: _____
CISM Team: _____

DAY ONE (June 1, 2009)

Pre-Incident Education

DAY TWO & THREE
(June 2 & 3, 2009)

Please check only one:

From Trauma to Addiction

Law Enforcement Perspectives for CISM

From Battlefield to Street: One Uniform to Another

DINNER RECEPTION
(June 2, 2009 6:30pm)

Dinner Reception at Tommy Doyle's - \$25 per person

Please make check payable to: **CIEMSS**
(Memo: CIST Conference)

Checks must be received by May 28, 2009

Registration

Online at www.ciemss.org or mail Registration Form with check (for dinner and/or donations) to: CIEMSS

P.O. Box 1197
Hyannis, MA 02601

Questions? Contact Chrystal LaPine at clapine@bsheriff.net or (508) 563 - 4319

Detach Registration Form Here

CIEMSS
P.O. Box 1197
Hyannis, MA 02601



2009 Cape & Islands Critical Incident Stress Team CISM Conference

Cape Cod Community College
West Barnstable, MA
June 1, 2, & 3, 2009

*All courses are FREE of charge
Donations graciously accepted*

*OEMS Credits will be available for
each course pending approval*



In Partnership with:
Cape Cod Community College
Criminal Justice Program &
Fire Science Program



Cape & Islands CIST
2009 CISM Conference
DAY 1 (June 1, 2009)
1 pm - 4 pm

Pre-Incident Education

Instructor: Tom Greenhalgh



The firefighter who sees a person burned, the EMT who works on an infant in cardiac arrest, the police officer who responds to a school hostage situation with shots fired, or the hospital staff member who is assaulted by a patient...all of these situations can and do happen. When emergency personnel deal with these situations there are often common stress reactions and there may be an emotional cost associated with these exposures.

Maintaining emotional and psychological health in our responders is essential to a healthy personal and professional life. Designed for anyone that works in public safety, or is affiliated with a member of this group including family and friends, this presentation provides an overview of the facets of critical incident stress including causes, impacts, and interventions. In particular we will look at the prevalence of stress reactions, the common types of reactions, the "Rescuer Personality", the physiological impact of stress, common myths surrounding stress, the impact of not dealing with stress in a healthy way, and common stress management techniques including an introduction to Critical Incident Stress Management (CISM) interventions. No prior experience in or knowledge of stress management is required for participation in this program.

DAY 2 & 3 (June 2 & 3, 2009)

8:30 am - 5 pm

All 2-Day Courses are ICISF-Approved courses. You must attend both days of the course in order to receive an ICISF Certificate of Attendance.

From Trauma to Addictions

Instructor: Sandy Scerra, B.Ed.

Explore the relationship between exposure to traumas and the often resulting addiction. Those individuals who work in the 'helping professions' are statistically at risk for medicating overwhelming job related stress and chronic exposure to emotionally charged events is often common place. Personality traits and the human culture of 'helpers' are looked at, as well as issues of enabling and family dynamics. Good critical incident stress management must include an addictions component which addresses these dangers, and gives you the tools necessary to address these dependencies.

From Battlefield to Street: One Uniform to Another

Instructor: Tom Greenhalgh

Public Safety personnel who also have dual roles in the military are facing new challenges today. Military life and deployments often can leave the first responder/combat veteran with traumatic experiences that get 'triggered' when they return to serve in their public safety roles. The young child struck by a car, entering a burning building, or the need to draw a service weapon can instantly transport our rescuer mentally back to the battlefield. These instances can be anticipated and dealt with once the responder learns how to apply their CISM skills to the combat veteran.

Law Enforcement Perspectives for CISM

Instructor: Paul J. Antonellis, Jr. MA
CEAP

Learn to identify, understand, and work with the 'blue Wall of Silence' in the law enforcement community. Designed to provide insight and understanding of the different types of stress in law enforcement culture from a systems perspectives emphasis, this course will provide practical 'back pocket skills' in providing crisis intervention services to law enforcement organizations and individual personnel in crisis.

The Law Enforcement perspectives course is intended for law enforcement officers, their families, mental health professionals, chaplains and organizations that interact within the law enforcement community. It is an excellent course for CISM Teams and team members who would want to enhance their understanding of the law enforcement culture as compared to their first responder cultures.

Accommodations:

A block of rooms is being held at:
Holiday Inn
1127 Route 132
Hyannis, MA 02601
508-775-1153
Rate: \$118/night + tax

Entertainment/Events:

Monday night Meet & Greet Cocktail Party
at the Holiday Inn - 6pm

Tuesday night Dinner Reception at Tommy
Doyle's (Main St, Hyannis) with raffles and
entertainment
6:30 - 7:30pm Cocktail Hour
7:30pm Dinner